

Arundel Wharf Restaurant

LUNCH MENU

SOUPS & GREENS

Soup of the Day Creative combos made daily	6/7
New England Clam Chowder Traditional creamy style	8/10
Maine Lobster Stew Creamy favorite with lobster and a dash of sherry	14/16
Garden Salad* Artisan greens and garden vegetables	9
Caesar Salad Hearts of Romaine tossed in our house Caesar dressing with shaved parmesan and house croutons	13
Cobb Salad* Artisan greens topped with bacon, avocado, cheddar cheese, tomato & egg	15
Salad of the Day A creative combination of what's fresh from the garden	daily
Any Salad: With Chicken add 9 With Four Grilled Shrimp add 14	
With Lobster Salad add market With Salmon add 14	
SMALL PLATES	
Lobster Stuffed Avocado* Half of an avocado filled with lobster	market
Crab Rangoon Dip Asian inspired crab and cream cheese blend with fried wontons and sweet chili sauce	17
Traditional New England Steamers* Dip into a heaping bowl of steamed clams, a Maine classic	market
Sauteed Mussels* Prince Edward Island mussels served with focaccia toast	18
Traditional wine, garlic and herbs	
Sweet Potato Fries Sweet potato fries with a chipotle lime dipping sauce	11
Fried Calamari Golden fried with tomato basil sauce and fried banana peppers	17
Sesame Tuna Sashimi Seared Ahi tuna sliced, served with Asian noodles & wasabi crema	19
Shrimp Cocktail Five jumbo shrimp with house cocktail sauce	18
Cheese Board House made pub cheese and a sampler of local cheeses with fig jam, grapes and crackers	16
SEAFOOD	
Fried Haddock Sandwich Served on a bulkie with lettuce, tomato and house chips	18
Lobster Roll Toasted roll stuffed with our house made lobster salad and house chips	market
Lobster Club A fresh take on an old classic with lobster salad and house chips	market
Fish and Chips A generous portion of fresh fried haddock with fries and cole slaw	25
Steamed Lobster* Fresh Maine steamed lobster with drawn butter $\sim 1^{1/4}$ pound, single or twins	market
Lazy Lobster* The meat of a 1 ^{1/4} pound lobster without the fuss	market
Blackened Haddock Wrap with fresh pico de gallo and crumbled queso fresco	18
Salmon BLT Grilled salmon with citrus aioli	19
Fried Clam Platter 12 ounces of clams, deep fried and served with fries & coleslaw	market
Fried Clam Roll Toasted roll stuffed with fried clams, served with chips	market
BURGERS	
Classic Hamburger An eight-ounce Angus patty on a bulkie with lettuce & tomato	16
Classic Cheeseburger Our classic hamburger topped with cheese with bacon add 2	17
Impossible Burger A six-ounce vegan burger with lettuce, tomato & special sauce	15
SANDWICHES	
with house chips sub fries add 2 sub sweet potato fries add 3	
Grilled Avocado, Tomato & Jack Cheese Grilled on sourdough	14
BLT An American classic on toasted sourdough	13
Chicken Bacon Wrap With chipotle lime sauce	14

^{*}Gluten Free Options